**PSYCHOLOGY - Addiction Web Quest!**

Suppose you have a friend who you believe is struggling with an addiction. You want to be supportive and helpful to your friend, but your knowledge on addiction is limited. You have tried to express your concerns to your friend, but he/she seems un-open to change.

This web quest is designed to help you learn more about addiction and your end goal in completing it is to decide upon a plan of action you can take to help your friend.

• You will be visiting 4 websites to learn more about the topic of addiction! There are questions below to answer at each site.

• Finally, based on the information you explored throughout the web quest, you will create a plan telling what you feel you can do to best support your friend, This will be submitted as an essay or bullet point recommendations, and must include references to at least 4 things learned while on this web quest.

|  |
| --- |
| **Stop 1 – “HBO - Addiction: Understanding Addiction 🡪 What is Addiction?”** |

[**http://www.hbo.com/addiction/understanding\_addiction/18\_what\_is\_addiction.html**](http://www.hbo.com/addiction/understanding_addiction/18_what_is_addiction.html)

1. What is addiction?

2. Explain how the brains of addicted people have been modified. What comparison is made to

illustrate what addiction is like?

3. Symptoms of addiction include ***tolerance*** and ***withdrawal***. Define each.

Tolerance-

Withdrawal-

4. When someone who has struggled with an addiction is in the recovery process and he/she

gives in and goes back to using the substance, what is this called?

|  |
| --- |
| **Stop 2 – University of Utah: “Mouse Party”** |

[**http://www.pbslearningmedia.org/resource/lsps07.sci.life.gen.mouseparty/mouse-party/**](http://www.pbslearningmedia.org/resource/lsps07.sci.life.gen.mouseparty/mouse-party/)

5. List THREE points in the neurotransmission pathway that can be affected by drugs of abuse.

6. Choose ONE of the drugs discussed in this interactive activity. What is the effect of the drug

on the cellular mechanisms of a mouse’s brain.

7. a) How are the mechanisms of different drugs of abuse alike?

b) How are they different?

8. Do you think that findings from studies of drugs and the brain functions of mice can be

applied to humans?

|  |
| --- |
| **Stop 3 – “HBO - Addiction: Understanding Addiction 🡪 Why Do Some People Become Addicted?”** |

[**http://www.hbo.com/addiction/understanding\_addiction/14\_some\_people\_become\_addicted.html**](http://www.hbo.com/addiction/understanding_addiction/14_some_people_become_addicted.html)

9. What are 5 risk factors for addiction?

1)

2)

3)

4)

5)

|  |
| --- |
| **Stop 4 – “HBO - Addiction 🡪 The Films** |

[**http://www.hbo.com/addiction/thefilm/index.html**](http://www.hbo.com/addiction/thefilm/index.html)**?current=5**

Select one video that you are most interested in out of the 26 choices. Watch the video, then respond to the questions below.

10. Give a brief summary of the video.

11. Evaluate the video and provide support for your opinion. Please give at least 3 sentences.

|  |
| --- |
| **OVERVIEW / EVALUATION** |

12. Which of 4 websites visited along this web quest journey did you like the best / find the most helpful, and WHY!?! Please include something you learned or found most interesting from the website you chose!

***LUCKY # 13***

You now have done your research -- it is time to apply that information and develop the plan of action to help your friend. You must include **at least four references** to things you learned from this web quest that you think will help you understand where your friend is coming from.

**DO NOT: be an enabler . . . make excuses or take on your friend’s responsibilities.**

**DO: say what you mean and mean what you say . . . always follow through on your word.**